

TC-1

Nutrition Facts	
Serving Size (20g) Servings Per Container	
Amount Per Serving	
Calories 80	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 55mg	2%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

TC-2

Nutrition Facts	
Serving Size (20g) Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 40
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 6g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

TC-3

Nutrition Facts	
Serving Size (20g) Servings Per Container	
Amount Per Serving	
Calories 80	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 50mg	2%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

TC-4

Nutrition Facts	
Valeur nutritive	
Per 2 cookies (40 g) pour 2 biscuits (40 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 180	
Fat / Lipides 9 g	14 %
Saturated / saturés 3 g + Trans / trans 0 g	15 %
Cholesterol / Cholestérol 15 mg	5 %
Sodium / Sodium 110 mg	5 %
Carbohydrate / Glucides 23 g	8 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 13 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	8 %
Vitamin D / Vitamine D	2 %

TC-5

Nutrition Facts			
Serving Size (20g)			
Servings Per Container			
Amount Per Serving			
Calories 90	Calories from Fat 35		
	% Daily Value*		
Total Fat 4g	6%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Cholesterol 5mg	2%		
Sodium 55mg	2%		
Total Carbohydrate 12g	4%		
Dietary Fiber 1g	4%		
Sugars 6g			
Protein 1g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

TC-6

Nutrition Facts			
Serving Size (20g)			
Servings Per Container			
Amount Per Serving			
Calories 90	Calories from Fat 35		
	% Daily Value*		
Total Fat 4g	6%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Cholesterol 10mg	3%		
Sodium 25mg	1%		
Total Carbohydrate 11g	4%		
Dietary Fiber 0g	0%		
Sugars 5g			
Protein 1g			
Vitamin A --%	• Vitamin C --%		
Calcium 0%	• Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

TC-7

Nutrition Facts			
Serving Size (20g)			
Servings Per Container			
Amount Per Serving			
Calories 80	Calories from Fat 30		
	% Daily Value*		
Total Fat 3.5g	5%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Cholesterol 5mg	2%		
Sodium 80mg	3%		
Total Carbohydrate 12g	4%		
Dietary Fiber 0g	0%		
Sugars 7g			
Protein 1g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

TC-8

Nutrition Facts			
Serving Size (20g)			
Servings Per Container			
Amount Per Serving			
Calories 70	Calories from Fat 20		
	% Daily Value*		
Total Fat 2g	3%		
Saturated Fat 0.5g	3%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 50mg	2%		
Total Carbohydrate 13g	4%		
Dietary Fiber 1g	4%		
Sugars 6g			
Protein 1g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

GF-1

Nutrition Facts	
Serving Size Per About 3 Cookies (24g)	
Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 45
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 55mg	2%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

GF-2

Nutrition Facts	
Valeur nutritive	
Per 1 cookie (20 g)	
pour 1 biscuit (20 g)	
Amount Teneur	
% Daily Value % valeur quotidienne	
Calories / Calories 90	
Fat / Lipides 4.5 g	7 %
Saturated / saturés 1.5 g	8 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 10 mg	3 %
Sodium / Sodium 45 mg	2 %
Carbohydrate / Glucides 11 g	4 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 7 g	
Protein / Protéines 1 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	4 %

SB-1

Nutrition Facts	
Serving Size Per About 3 Cookies (24g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 70mg	3%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 2g	
Vitamin A --%	• Vitamin C 0%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	